



**Barnstable Recreation presents: R.E.C.
(Reaching Everyone through Community) Adaptive Sport Program**
Open to members of all abilities

(however, geared towards members with intellectual and developmental disabilities)

March 2025

Call 508-790-6345 X107 to let us know how many would like to join in on the fun

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				6 <i>In & Out</i> HYCC Gym 1-1:45	FREE <i>With HYCC Membership</i>	
Please remember to wear appropriate footwear				13 <i>Soccer</i> HYCC Gym 1-1:45		
				20 <i>No program</i>		
				27 <i>Kickball</i> HYCC Gym 1-1:45		
				 BARNSTABLE RECREATION		